



**Dear Friends of Mawazo,**

Our response to the climate crisis requires new approaches and ways of thinking. This week at Mawazo, we're delving into the concept of **'Planetary Health'** through a series of in-person and virtual activities.

What is Planetary Health? Planetary health is a solutions-oriented, transdisciplinary approach and social movement that examines and addresses the effects of human disruptions to Earth's natural systems, on human health, and all life on Earth.

We invite you to explore what planetary health means during [Mawazo's Climate Week](#). Through trivia, virtual talks, research presentations, and on our digital platforms, we are collaborating with like-minded organisations and individuals to share local research, ideas, and approaches to planetary health that can strengthen community networks and spur immediate action on climate issues in Eastern Africa and beyond.

See you at Climate Week!





# What is Planetary Health?

March 21st - March 26th 2022

This March, join the Mawazo Institute's **Climate Week** to explore how human behavior is changing our planet's health, and what we can do about it.

22  
MAR

Eastern Africa Challenges & Opportunities to Planetary Health (Virtual Webinar)

Falling Walls Engage - Kenya Hub; It's Getting Hot in Here (Science Quiz Night)

23  
MAR

Human Systems Transitions & Planetary Health (Research Presentation)

Human-Planet Health Consciousness (Panel Discussion)

25  
MAR

The Circular Economy; Approaches to Sustainability (Virtual Webinar)



Find out more and register at:  
[mawazoinstitute.org/climate-week](https://mawazoinstitute.org/climate-week)



**Did you know that Africa emits only about 3% of global carbon emissions, yet the continent is expected to see the most extreme impacts of climate change?**

Join Mawazo's Climate Week events to learn more about Eastern Africa's climate change preparedness and intervention opportunities.

NAIROBI IDEAS EXCHANGE PRESENTS

## Eastern Africa Challenges & Opportunities to Planetary Health

22nd March, 2-3:30pm EAT  
Virtual Webinar

Register at  
[bit.ly/EasternAfricaPlanetaryHealth](https://bit.ly/EasternAfricaPlanetaryHealth)  
[mawazoinstitute.org/climate-week](https://mawazoinstitute.org/climate-week)

While Planetary Health is a global issue, the Eastern African region has its own challenges and opportunities surrounding the interlinkages of humans and nature. In partnership with the Planetary Health Eastern Africa Hub, this webinar introduces the concept of planetary health and dives into specifics for the region on the way towards planetary health.



NAIROBI IDEAS NIGHT  
AND FALLING WALLS ENGAGE HUB - KENYA PRESENT

## It's Getting Hot in Here; A Science Quiz Night



It's Getting Hot in Here' is a fun quiz night with marine scientist Dr. Fiona Moejes and media personalities, George Ndirangu and Wanjira Longauer. Join us, online or in-person, and test your knowledge on the impact of climate change on Eastern Africa's coastline.

March 22nd, 6-8:30pm EAT  
KI Klubhouse-Roundhouse  
Livestream on Facebook & Instagram:  
[@mawazoinstitute](https://www.facebook.com/mawazoinstitute)

Register at  
[bit.ly/NIEQuizNight](https://bit.ly/NIEQuizNight)  
[mawazoinstitute.org/climate-week](https://mawazoinstitute.org/climate-week)





## Nairobi Ideas Exchange Virtual Webinar

**Tuesday, March 22nd  
2:00 pm – 3:30 pm EAT**

While Planetary Health is a global issue, the Eastern African region has its own challenges and opportunities surrounding the interlinkages of humans and nature. In partnership with the [Planetary Health Eastern Africa Hub](#), this webinar introduces the concept of planetary health and dives into specifics for the region on the way towards planetary health.

[Register for the webinar](#)

## Falling Walls Engage Hub Kenya

**Tuesday March 22nd  
6:00 – 8:30 pm EAT**

Join [Falling Walls Engage Hub Kenya](#) for 'It's Getting Hot in Here,' an in-person quiz night featuring marine scientist [Dr. Fiona Moejes](#) and media personalities, [Wanjira Longauer](#) and [Georgie Ndirangu](#).

A livestream will be available on Mawazo's [Instagram](#) and [Facebook](#) pages, **beginning at 7:00pm EAT.**

[See you at the K1 Klubhouse!](#)

THE MAWAZO INSTITUTE  
AND ICCA, UNIVERSITY OF NAIROBI PRESENT

### Human Systems Transitions and Planetary Health

23rd March, 8:30 - 1:30pm EAT  
Wangari Maathai Institute for  
Peace and Environmental Studies

Register at  
[bit.ly/HumanSystems\\_PlanetaryHealth](https://bit.ly/HumanSystems_PlanetaryHealth)  
[mawazoinstitute.org/climate-week](https://mawazoinstitute.org/climate-week)

In partnership with the Institute for Climate Change and Adaptation, University of Nairobi, explore scientific approaches, critical research, and transformative practices that can help us better understand planetary health and its implications for the African continent.

**Research Presentation:**  
Human Systems Transitions & Planetary Health  
8:30 am -11:00am EAT

**Panel Discussion:**  
Human-Planet Health  
Consciousness  
11:30am - 1:30pm EAT

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## Research Presentation & Discussion

**Wednesday, March 23rd  
8:30 am – 1:30 pm EAT**

In partnership with the Institute for Climate Change and Adaptation at the University of Nairobi, this in-person event, targeted at researchers and students, explores scientific approaches, critical research, and transformative practices that can help us better understand planetary health

NAIROBI IDEAS EXCHANGE PRESENTS

### The Circular Economy; Approaches to Sustainability

March 25th, 2-3:30pm EAT  
Virtual

Register at  
[bit.ly/CircularEconomy\\_Sustainability](https://bit.ly/CircularEconomy_Sustainability)  
[mawazoinstitute.org/climate-week](https://mawazoinstitute.org/climate-week)

Join Edna Kimenju, Sustainability Advisory Manager at Kenya Climate Innovation Centre (KCIC) Consulting as she discusses approaches to a circular economy model. Circular economy models can help businesses become more sustainable, while also offering a much needed response to climate change impacts and biodiversity loss through the conservation of finite resources.

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## Nairobi Ideas Exchange Virtual Webinar

**Friday March 25th  
2:00 – 3:30 pm EAT**

In this webinar with [Edna Kimenju](#), a Sustainability Advisory Manager at the Kenya Climate Innovation Centre (KCIC) Consulting, she discusses approaches to a circular economy model. Circular economy models can help businesses become more sustainable, while also offering a

and its implications for the African continent.

[Join us at the Wangari Maathai Institute for Peace and Environmental Studies](#) for research presentations and a panel discussion.

much needed response to climate change impacts and biodiversity loss through the conservation of finite resources.

[Register for the webinar](#) and learn more about the circular economy.



## [\*\*Become the Science Engagement Breakthrough of the Year 2022\*\*](#)

Together with its founding partner, the Robert Bosch Stiftung, Falling Walls Engage's **Call for Applications for the 2022 Breakthrough of the Year in Science Engagement** is now open!

Do you actively engage the public with science through participatory formats of any kind or size or do you know someone who does?

Then **apply with your own project or nominate someone until 15 May 2022.**

**FALLING  
WALLS  
ENGAGE**

[Learn More](#)

## **The Mandela Rhodes Scholarship**

The Mandela Rhodes Scholarship is a unique opportunity for young leaders from anywhere in Africa to further their education in South Africa. While completing postgraduate study in any field of your choice, the leadership development programme empowers individuals to solve some of Africa's most difficult challenges.



Applications for the Class of 2023  
run from 22 March to 21 April 2022.

[Learn More](#)



## Spread the word

**Share this Newsletter with someone** in your network. Whether it's a colleague, friend, family member, or someone else, invite them to stay engaged with our work by signing up for the quarterly Mawazo newsletter below.

**Follow Us, Share, Like, and Retweet** our social media pages by clicking on the icons below.

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